

Course Application

MERRITHEW™ EDUCATION

For training center contact information visit merrithew.com/education/wheretotrain**contact information** *please print*Name: _____ Company name — *if applicable*: _____Address: _____

City: _____ state /province: _____ Country: _____ Zip / Postal code: _____

Phone day: _____ Evening: _____ Email: _____

course registration

- ▶ Space is limited and applications will be processed on a first come-first-served basis.
- ▶ Space will ONLY be reserved upon the receipt of application and a 20% deposit of the course fee.
- ▶ Fees for courses and workshops do not include required course materials, applicable taxes or exam fees. Prices are subject to change without notice.
- ▶ For full details on cancellation and change policies contact the training facility.
- ▶ Applicants under the age of 18 are subject to registration approval by the Senior Program Director, Toronto Corporate Training Center.
- ▶ Some courses have prerequisites.
- ▶ Additional information may be required once application is received, i.e. a detailed resumé / CV outlining education and experience and two letters of references.

start date requested & course location _____**course selection**

Comprehensive Program – STOTT PILATES®

 CMR Comprehensive Matwork & Reformer – 90 hrs + 60 hrs apprenticeship _____ **CCCB** Comprehensive Cadillac, Chair & Barrels – 50 hrs + 40 hrs apprenticeship _____ **ISP** Injuries & Special Populations – 24 hrs _____ **FAR** [AM, AR, ACCB] Full Advanced Repertoire – 36 hrs _____ **FULL** [CMR, CCCB, ISP, AM, AR, ACCB] – 7 month program + 100 hrs apprenticeship _____

The Comprehensive Program is only offered at the following locations: • **Corporate Training Center**, Toronto, ON, Canada • **Bodycenter Studios**, Seattle WA, USA
• **Calgary Pilates Centre**, Calgary, AB, Canada • **Equilibrium Pilates Studio**, Bloomfield Hills, MI, USA • **The SweatShop Health Club**, St. Paul, MN, USA

Course Application cont'd

Intensive Program – STOTT PILATES

Advanced Program – STOTT PILATES

FA Functional Anatomy – 30 hrs

ISP Injuries & Special Populations – 24 hrs

IMP Intensive Mat-Plus™ – 40 hrs

AM Advanced Matwork – 6 hrs

IR Intensive Reformer – 50 hrs

AR Advanced Reformer – 18 hrs

ICAD Intensive Cadillac – 25 hrs

ACAD Advanced Cadillac – 6 hrs

ICHR Intensive Stability Chair – 15 hrs

ACHR Advanced Stability Chair – 3 hrs

IBRL Intensive Barrel – 10 hrs

ABRL Advanced Barrel – 3 hrs

Instructor Foundation Course Programs

ZM1 ZEN•GA™ Instructor Foundation Course, Mat – 7 hrs

ZE1 ZEN•GA™ Instructor Foundation Course, Equipment – 7 hrs

CA1 CORE™ Instructor Foundation Course – 7 hrs

TB1 Total Barre™ Instructor Foundation Course – 7 hrs

relevant education

Please list related degrees, diplomas, post-secondary or certificate courses and workshops, including MERRITHEW education

Describe anatomy education: (for STOTT PILATES courses) Include number of hours, when / where you studied and what topics were covered

— e.g. *musculoskeletal, anatomy, biomechanics* college / university course workshop / other

Course Application cont'd

List related certification — *please specify: eg. ACE, AFAA*

relevant experience

Outline your teaching experience — *describe subject taught / years teaching*

Describe your personal experience in dance, fitness or other body work — *how many years / how recently*

Outline your Pilates experience (*for STOTT PILATES courses*)

— *describe when & where, indicate the STOTT PILATES method or other*

- none
- 1-10 hrs
- 10-30 hrs
- 30+ hrs

personal information

Do you have any injuries, conditions or postural issues? Are you currently pregnant or have you recently given birth?

Failure to disclose any issues prior to enrollment may result in your removal from the course.

How did you hear about MERRITHEW and its education program?

Course Application cont'd

Why are you interested in MERRITHEW Education?

Four horizontal lines for text entry.

Are you using this course to fulfill continuing education credits?

Yes No

If yes, for what organization?

Two horizontal lines for text entry.

payment method

Deposit only Full payment MasterCard VISA AMEX Cheque Money order

Card number:

Four groups of four empty boxes for card number digits.

Name on card:

Signature:

Two horizontal lines for text entry.

Cancellation policy: If the student cancels their workshop or course enrollment less than four weeks prior to the start date of the workshop or course, there will be no refund of monies paid. Where the student cancels their enrollment with greater than four weeks notice the 20% deposit will be forfeited toward the cancellation fee.

I hereby agree:

I plan to attend all course hours: Yes No
 I certify that the information provided on this application is accurate.
 I understand that failure to provide accurate information may result in my removal from the certification program.

I have included the following:

20% non-returnable/non-transferable course fee deposit Full payment of course materials — optional
 Proof of certification — if applicable Two letters of reference — optional

Signature:

Date:

Two horizontal lines for text entry.

email your application

Send your application to educationadvisor@merrithew.com

Horizontal line for text entry.